

behaviour.

In particular, I reinforce the College

requirement that students:

- must wear **black leather lace-up shoes**. This is especially important because our students are working in area such as Science Laboratories, Kitchens and Industrial Technology and Design facilities where they are required to wear protective footwear at all times.
- must switch off and lock their mobile phones in their locked lockers during school hours. We request that all contact between parents and students during the school day be done either through the College Office or via the Pastoral Leader.
- must behave in an exemplary manner when traveling to and from the College. In particular, when traveling on buses, students are required to behave courteously and appropriately at all times. This also applies to behaviour in all public places.

For full details of College expectations around uniform and behaviour, please see the Student Organiser 2018.

Chanel College

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From the Principal - Dr Susan Bunkum PhD

As Week 7 draws to a close, our first formal examination block for the year is looming. Apart from exams, other aspects of school life such as assignment deadlines, QCS Practice Tests, Naplan Practice and Vocational Pathways Days, also have the capacity to cause stress, not only for students themselves, but also for their families as they attempt to support their sons and daughters to achieve to their full potential.

This year, as a College, we are promoting the use of strategies that will allow our students to become mature, self-directed and independent learners who are 'Responsible, Respectful, Resourceful and Resilient'.

Often, at this stage of a school term, as young people learn to juggle the pressures associated with school work as well as sporting, cultural and work commitments, we need to help them develop strategies for coping with stress that will serve them well throughout their lives.

Thus, while important at all times, it is especially important at this time of the school term for young people to:

- eat a balanced diet
- engage in some form of exercise each day
- get at least 8 hours sleep a night
- set aside some time for relaxation, creativity, and hobbies
- spend time with their families and friends and
- develop sustainable routines that include schedules for completing assessment tasks and also for study time for exam preparation.

If they can do this, they will be developing skills that will serve them well, not only for the remainder of their school studies, but also for their study and work post-school.



Sincerely Sugary Bunkum



Good News

Kath Hore - Mission & RE Support Officer

FAIR TRADE CHOCOLATE AT EASTER

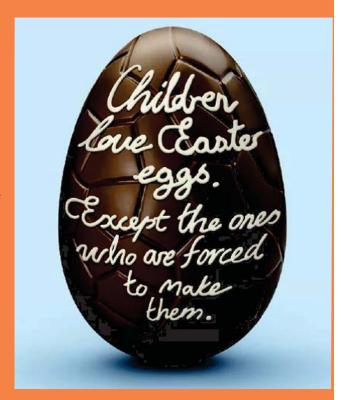
Pope Francis said that "every person ought to have the awareness that purchasing is always a moral – and not simply an economic – act."

Are you buying and eating, or giving away Easter chocolate this year?

It is estimated that up to 30 million people are trapped in slavery globally. The United Nations estimates that one in every three victims of human trafficking is a child. Much of the chocolate we consume in Australia is made with cocoa beans picked by children, many of whom have been enslaved. These children don't even know what the cocoa beans are used for and they won't ever get to taste chocolate.

ACTION: Go the ACRATH website:

https://acrath.org.au/slaveryfree-easter to find out more. Spread the word about slavery-free Easter chocolate and enjoy chocolate that carries any of the following symbols on the wrapper (FAIRTRADE, Rainforest Alliance Certified, UTZ Certified)











Good News

Kath Hore - Mission & RE Support Officer

Project Compassion

Project Compassion's theme for this year is 'A Just Future' and celebrates the Year of Youth. Pope Francis said, "Cultivate with love the seeds of goodness, beauty and truth so God sows in every new generation." Through our generosity during Project Compassion, we are empowering young people to build a future for themselves, their families and their communities.

As well as raising awareness of the work of Caritas, each student is encouraged to go without something and donate the money saved to Project Compassion. In the past we have been very successful as a whole community raising funds to financially assist the work of Caritas. Please contribute to this Appeal which supports aid and development programs around the world and helps to build a better life for the poorest of the poor.

Lenten Program

The Chanel Lenten Group meets each Wednesday at 3:35 pm in the Chapel to reflect on and pray this program. If you would like to join a small group of staff members you are welcome to attend.

Year 9 Retreat

Last week, Year 9 students had the opportunity to attend a 2½ day retreat at Riverside Retreat near Bundaberg and were met with many challenges. They learnt skills for bush survival, were challenged physically with both team and individual obstacle courses and as a team they problem solved to construct a raft from tyre tubes, build shelters and stretchers and cook damper. In addition, they also learnt the finer details of community living, sleeping in Indonesian-style longhouses and sharing amenities. The feedback from students and staff has been very positive and some of the students' comments of what they gained from the experience included, "Some things like team work, support for others and appreciation will all help me to be a better person", "Teamwork helped me to learn and listen to other's suggestions and I can use this in my everyday life", "I can be a better person by talking to others when they are lonely and being more confident".

Please Pray for ...

- People in our community who are unwell, receiving medical treatment, or recovering from illness.
- Justice in our world, that we will make a conscious effort and generously support Project Compassion

Praise and Thanks for ...

- All people, especially past students of Chanel, who are working in our world to bring justice and peace to many areas.
- · A successful and enjoyable Year 9 Retreat.
- Our student leaders and the work and encouragement they give to students for events like Youth Group
- The World Day of Prayer supporting the people of Suriname

If you have any requests for either of the above prayers, please leave your request at the Office.

SOS Mass and Youth Gathering

The first Chanel/SOS Mass for this year was held last Sunday 4 March at SOS Church.

Thank you to all those students who volunteered to be singers, readers, greeters etc – they did a fantastic job.

Please note that our Term 2 SOS Mass is on the 3 June.

A big thank you to all students who supported our Year 12 Leaders and attended a very well organised and successful Youth Gathering after the Mass.

Buddies Day

Buddies Day, organised by St Vincent de Paul and support by Chanel College, will be having its' first outing for 2018 on 11 March. This year there are several outings planned and if your child would like to be a volunteer with this program and is in Years 10, 11 or 12 please encourage him/her to see Mrs Hore for more details.

Thursday Mass

Thursday 15 March – Ms McDonaugh's Year 9A Religion Class This will be our last Thursday Mass for this term

Celebrating the Death and Resurrection of Jesus ...

All are invited to the Chanel Easter Celebration commencing at 9.00 am on Thursday 29 March. Sheets and towels make wonderful costumes to add to the atmosphere.

Charlie Johansen Wins 2018 Speling Challinj

The annual Speling Challinj competition was held today with 30 students competing for the coveted title of 2018 Speling Challinj Champion. Professor Chapman (aka Michele Chapman) once again hosted the event with skilful and witty commentary.

Congratulations to Year 10 student Charlie Johansen who was crowned the champion after defeating Year 12 student Lauren Dredge in the most highly contested showdown in living memory. Congratulations to all participants. Special thanks to Professor Chapman and her team.



National Close the Gap Day

Students and our Indigenous Teacher Assistant Mrs Alannah Shore met to discuss the National Close the Gap Day awareness campaign to be held at Chanel on Thursday 15 March from 8am in Lavalla Court. The day promotes awareness of health inequality for Aboriginal and Torres Strait Islander Peoples, and students of Chanel College will join hundreds of students and teachers across Australia standing for health equality.

Date claimer:

Thursday 15 March from 8am to 8.30am for National Close the Gap Day awareness campaign Lavalla Court.



Support Chanel College @ Coles

Coles Sports for Schools is back to help Aussie kids stay fit and healthy. When you shop at Coles, you'll receive Sports for Schools vouchers that Chanel College can exchange for sports gear. The more vouchers you collect, the more sports gear the College receives. Start collecting today because the race is on!





Step 1

For every \$10 spent at Coles, you will receive one Sports for Schools voucher.



Step 2

You then bring vouchers to your school, placing them in the collection bins provided.



Step 3

Every voucher you donate to your school can be redeemed for leading brand sports equipment.

Upcoming **Events** Term 1

Week 8

Fri 16 March

• National Day of Action Against Bullying

Week 9

YEAR 7 - 12 EXAMS

Week 10

Mon 26 March

- Year 12 QCS Practice Tests
- Year 7 & 9 NAPLAN Practice
- Year 12 Vocational Pathways Days

- Year 12 QCS Practice Tests
- Year 7 & 9 NAPLAN Practice
- Year 12 Vocational Pathways Days

Wed 28 March

• INTER-HOUSE CROSS COUNTRY CARNIVAL













Thur 29 March

- Holy Thursday
- Easter Celebrations Periods 1 & 2
- TERM 1 CONCLUDES



Monday 16 April STUDENT FREE DAY Tue 17 April

Uniform Shop News

The Uniform Shop will be closed on Monday 26 March reopening on Wednesday 28 March. Orders can be left in the office and will be filled on the Wednesday.

REMINDER TERM 2 COMMENCES MUNISATION

Wednesday Years 7 & 10 14 March



Year 12 Marine Studies Camp Morth Keppel Island



Last week the Year 12 Marine Science students spent a week on North Keppel Island studying elements of marine management. For our assessment task, we are required to investigate the effectiveness of management. Some of us spent some time in the water assessing the impacts of Marine Park Zoning on coral health and diversity; another group studied the origin of marine debris, where, believe it or not they discovered that toothbrushes made up a small proportion of marine debris (about 2%). This group came across some interesting finds including a small toy army man, a lock from an old Holden Commodore and a crate from a trawler. The final group the "twitchers" studyied the impacts of zoning on bird diversity.

We also learnt that management does not only impact the corals and fish. We also witnessed first hand how tourism and development can impact on the economy, the community and the environment via the proposed development on Great Keppel Island. We were also shocked to see the devastating impacts that erosion can have on beaches-what was most concerning was the damage that the reclamation process was having on the environment.

We would like to thanks Miss Keys and Mr Galea for sharing this valuable learning experience with us.



UMAT 2018

Common questions about UMAT answered by MedEntry, the leading and trusted UMAT Preparation Institution



What is UMAT?

UMAT stands for Undergraduate Medicine and Health Sciences Admission Test. UMAT is a three hour test consisting of multiple-choice questions of the following types: Logical Reasoning and Problem Solving, Understanding People and Non-Verbal Reasoning.

What courses require UMAT?

You will need to sit UMAT if you are interested in any of the following courses:

State NSW	University UNSW Newcastle/UNE WSU	Course(s) Medicine Medicine Medicine
1.6-	Charles Sturt Uni	Dental Science
Vic	Monash Uni	Medicine
	La Trobe Uni	Dentistry*, Oral Health*
QLD	UQ	Medicine (prov. entry)
		Dental Science
SA	Uni of Adelaide	Medicine, Dentistry
	Flinders Uni	Medicine
WA	UWA	Medicine and Dentistry
		(direct pathway)
	Curtin Uni	Medicine
Tas	UTas	Medicine
NT	CDU	Clinical Sciences
NZ	Auckland	Medicine
	Otago	Medicine, Dentistry

^{*} For Latrobe Uni, UMAT is only required for non-year 12 applicants

What are the key dates for UMAT 2018?

UMAT registrations open	December 2017
UMAT registrations close	1 June 2018*
UMAT takes place	25 July 2018
UMAT results released	September 2018
Deadline to apply to	September 2018
admissions bodies	

^{*}Late registrations accepted until 15 June 2018

How can I register to sit UMAT?

You can register for UMAT by visiting umat.acer.edu.au. The fee to sit UMAT is \$260. You can sit UMAT in your final year of high school and any year thereafter.

Do I need to prepare for UMAT?

Yes! Many practicing doctors agree that UMAT is the most difficult test they faced in their medical career. Even students who obtain an ATAR of 99.95 have missed out on a place in medicine due to a poor UMAT score. For some universities it is as important or more important than your ATAR. It is completely different to any other test you have sat at school. Quality preparation is therefore essential.

UMAT prep will also help with your school study as it enhances your thinking and test-taking skills.

But ACER/unis discourage UMAT preparation

There are many reasons for this. For example, the more you know about UMAT, the harder their job becomes. They also want a level playing field where all students have the same level of preparation for UMAT. Unfortunately, this does not exist. Informed and motivated students will prepare for UMAT, and MedEntry provides quality materials to help them do so.

What UMAT score do I need to get into medicine?

The UMAT score that you need to get into medicine or other health science courses depends on the university to which you are applying. In general, a UMAT percentile of at least 85 will usually secure you a medical interview offer. This may not seem high, but remember you are competing against a much tougher cohort than at school/uni.

Where can I get more information about UMAT?

Please visit www.MedEntry.edu.au for a free trial exam, information about the admissions process, blogs about UMAT and to enrol in one of our UMAT preparation packages. You can also call us on 1300 MEDENTRY. Follow MedEntry on social media for UMAT tips and updates!

Why MedEntry?

MedEntry is a government-accredited Registered Training Organisation run by doctors and academics with 25 years' experience in preparing students for UMAT. The quality and extent of our resources is unparalleled. We get more students into medicine than all other prep courses combined. For more information, please visit www.MedEntry.edu.au







ADF Gap Year applications for 2019 have opened. It's a unique opportunty for your students to try out a career in Navy, Army or Air Force and get a feel for a military life without committing for a longer period.

Through an ADF Gap Year:

- •Gain valuable skills and work experience
- Enjoy a great salary package plus free healthcare
- •Live a varied, active and healthy lifestyle
- Make friends with like-minded people
- •Get the opportunity to see more of Australia

DEFENCEJOBS.GOV.AU/GAPYEAR Call on 13 19 01

In 2019 there are 14 roles to choose from ranging from admin to artillery and even flight crew, plus this year we're offering 30 Army Officer roles - places are limited.

Requirements

- Australian citizen
- Aged between 18 and 24 years on admission
- Year 12 completion (required passes vary by job)

- ADF Gap Year Navy Closes 9 April 2018
- ADF Gap Year Army Combat Engineer Closes 9 April 2018
- ADF Gap Year Army Officer Closes 23 April 2018
- ADF Gap Year Army Artillery Operator Closes 23 April 2018
- ADF Gap Year Army Infantry Soldier Closes 14 May 2018
- Gap Year Army Driver Closes 21 May 2018
- ADF Gap Year Army Administration Assistant Closes 21 May 2018
- ADF Gap Year Army Warehouse Assistant Closes 21 May 2018
- ADF Gap Year Army Air Defence Operator Closes 21 May 2018
- ADF Gap Year Air Force Cabin Crew Closes 7 March 2018
- ADF Gap Year Air Force Warehouse Storeperson Closes 28 May 2018
- ADF Gap Year Air Force Aviation Support Technician Closes 28 May 2018
- ADF Gap Year Air Force Airbase Protection and Security Closes 4 June 2018
- ADF Gap Year Air Force Administration Assistant Closes 4 June 2018

Defence Work Experience

Defence Work Experience Program Helicopter and Tank placements coming up

Helicopters! Army Aviation – 5th Aviation Regiment: closes 18th March

14 – 18 May

5th Aviation Regiment provides the Army's air assault capability in a joint, combined or interagency environment. 5th Aviation Regiment is home to Chinook and Taipan aircraft.

Students will rotate through the different Squadrons within the Regiment, including flying, logistics and maintenance squadrons as well as Regiment Headquarters. Students will have the opportunity to observe and



experience a range of roles across the Regiment, including those of pilots, aircraft technicians, aircraft life support fitters and logistics personnel.

Students may also have an opportunity to visit and participate in activities at the Taipan or CH47 Chinook Simulator.

Link Here>

https://defence careers.nga.net.au/cp/index.cfm?event=jobs.home & CurATC=defence work exp & CurBID=EBDFCAA3-B025-F7B7-3BD4-6D3FA42B2291 & persist Variables=CurATC, CurBID

Tanks! Armoured Corps Overview – 2nd Cavalry Regiment: closes 21st March 30 April – 4 May

2nd Cavalry Regiment (2 Cav Regt) is an Armoured Cavalry Regiment, and is currently equipped with the Australian Light Armoured Vehicle (ASLAV), M113AS4 tracked Armoured Personnel Carrier (APC) and the M1A1 Abrams Main Battle Tank.

Students will have the opportunity to observe and experience a range of roles and responsibilities across the Regiment, including those of Armoured Corps troopers, Electrical and Mechanical Engineers, Ordnance and Transport staff.

Students may also be involved in other activities including physical training, armoured vehicle simulators, vehicle workshops and 2 Cavalry Regiment's Historical Display.

Link Here>

https://defencecareers.nga.net.au/cp/index.cfm?event=jobs.home&CurATC=defenceworkexp&CurBID=EBDFCAA3-B025-F7B7-3BD4-6D3FA42B2291&persistVariables=CurATC,CurBID

www.defence.gov.au/workexperience



Queensland State Youth Life Saving Championships
Year 7 student, Brady Blake, and his 2 team mates, defended their title and won gold in
the Board Relay Event. The 3 boys, plus a fourth team mate, won silver in the Cameron

relay, which consists of a swim, run, board, run, which they won last year. Brady finished 11^{th} in the 1km beach run and after heats, quarter, semis and finals, in the individual events, Brady finished 6^{th} in the Board and 12^{th} in the Ironman. Two Year 8 girls also had success in the finals with Abey-Rose Churchward U13 Iron and Rhiannon Copsey U13 Surf Race. Congratulations to all!

Sports Program Leader



Interschool Volleyball

Interschool Volleyball ran in Week 6 and 7 with Chanel having teams in the Year 7/8 Mixed and Year 9/10 Boys competitions. The teams represented the College fantastically and played high quality volleyball. The Year 7/8 team won 2 from 2 and the 9/10 Boys 2 from 2 in week 6 and they both hope to repeat the results in week 7. Thank you to Mr Rose for taking the Year 9/10 Boys team and Miss Kickbusch who took and ran the7/8 mixed competition. Good luck for the games in Week 7.



Port Curtis and Capricornia Representatives

Congratulations to the following students who have made Port Curtis Teams. All the best for your upcoming Capricornia Trials:

Jade McErlain 12 Girls Netball **Caitlyn Fitzsimmons** 12 Girls Netball **Ainsley Graham** 19 Girls Hockey **Bree Bunyan** 19 Girls Hockey **Zarah Nash** 19 Girls Hockey Keelie Machen 19 Girls Hockey 19 Girls Hockey **Gabriella Davie** Ainsleigh Holmes 19 Girls Hockey **Larah Fedalto** 19 Girls Hockey Ronan McGuire 19 Boys Hockey

Congratulations to the following students who have made the Capricornia Teams. We wish you all the best for the State Titles next term:

Bojana Bijelic 15 Girls Netball

Cameron Fitzsimmons 18 Boys Rugby League



Interhouse Cross Country

Save the Date!! The Interhouse cross country will be held in Week 10 on **Wednesday 28 March** at Lions Park. The event will be held during Period 4 – Period 6, with students walking over to the Park in their Houses. More information will be posted in future newsletters, on the Student Google Page under the Sports Notices Tab, on Parent Longue, the College App and Facebook page.













Gladstone's Bigs

Which tribe will you belong to? Sign up online to join your favourite tribe!

















www.gpcl.com.au/Big6

Gladstone Ports Corporation

Gvowth, Prosperity, Community.



Gladstone's Big6 is GPC's new education and awareness program celebrating the iconic species of the Gladstone bioregion and their habitats.

Will you join the turtle team, crustacean crew, be a fish fan, in the cetacean crowd, a dugong dude or part of the shorebird squad?

Habitats

A habitat is the type of environment in which plants and animals live.

You can find terrestrial, freshwater, marine and estuarine habitats around Gladstone, and this variety of environments is the reason this region is home to so many amazing animals - including our Big 6.

Discovery Trail

Follow the Discovery Trail. Discover Gladstone's Big 6 from the comfort of dry land with the Big 6 Discovery Trail at Spinnaker Park.



Join Now! www.gpcl.com.au/Big6

STUDENT ACCESS CENTRE

Do you need help with Assignments or Homework?

Available are: Resources, Support Material, Friendly Faces

Struggling to understand or getting behind with your school work? Let our friendly staff help you.

Monday, Tuesday, Thursday & Friday at 8.00 am. Also First Break every day except Thursdays.

HOMEWORK & ASSIGNMENT HELP

Inclusive Curriculum Coordinator:

Ms Jennifer Carlyle on 4973 4739

CAREERS ADVICE

Confused about Career Paths or have Work Experience enquiries?

Make an appointment to see our friendly advisor.

Careers Pathways Officer: Mrs Crane on 4973 4738